CHILDREN'S CLASS TIMETABLE - FROM APRIL 2025

| MONDAY | | | TUESDAY | | | WEDNESDAY | | | THURSDAY | | | FRIDAY | | | WEEKENDS | | |
|---------------|---------------------------|---------------|-------------------------------|---------------------------------------|------------|--|----------------------------|-------------|---|--|----------------------------|----------------|-------------------------------------|---------------|--------------------------|--------------------------------|------------|
| TIME | CLASS | INSTRUCTOR | TIME | CLASS | INSTRUCTOR | TIME | CLASS | INSTRUCTOR | TIME | CLASS | INSTRUCTOR | TIME | CLASS | INSTRUCTOR | TIME | CLASS | INSTRUCTOR |
| | CRÈCHE | | CRÈCHE | | | CRÈCHE | | | CRÈCHE | | | CRÈCHE | | | | | |
| 10:00-12:00 | Crèche* PB | Amanda | 10:00-12:00 | Crèche* PB | Amanda | 10:00-12:00 Cn | èche* ^{PB} | Amanda | 10:00-12:00 | Crèche* PB | Amanda | 10:00-12:00 | Crèche* PB | Amanda | | | |
| | DANCE STUDIO | | DANCE STUDIO | | | DANCE STUDIO | | | DANCE STUDIO | | | DANCE STUDIO | | | DANCE STUDIO - SUNDAY | | |
| | | | | | | | | | | | | | | | 12:30-13:30 | Dance Class | Bethany |
| | | | | | | | | | | | | | | | | | |
| | BADMINTON HALL | | BADMINTON HALL | | | BADMINTON HALL | | | BADMINTON HALL | | | BADMINTON HALL | | | | | |
| 16:00-16:45 | Rugby 4-6 yrs | Fergus | 17:00-18:00 Fitkids Kids Team | | Kids Team | 17:00-18:00 Fitkids | | Kids Team | 17:00-18:00 Fitkids | | Kids Team | 17:00-18:00 | 00-18:00 Fitkids Kids | | | | |
| 17:00-18:00 | Fitkids | Kids Team | | | | | | | | | | | | | | | |
| SWIMMING POOL | | | SWIMMING POOL | | | SWIMMING POOL | | | SWIMMING POOL | | | SWIMMING POOL | | | SWIMMING POOL - SATURDAY | | |
| 10:00-11:30 | Tiny Swimming * | Tiny Swimming | 09:30-10:00 | Pre-School Swim 3 mths-5 yrs** | Lets Swim | 10:00-10:30 Pre- | School Swim 3 mths-5 yrs** | Lets Swilli | 09:30-10:00 | Pre-School Swim 3 mths-5 yrs** | Lets Swim Shrewsbury | 10:00-11:30 | Tiny Swimming * | Tiny Swimming | 09:00-09:30 | Pre-School Swim 3 mths-5 yrs** | Lets own |
| | | | 16:00-18:30 | Swimming Lessons * ** PB | Shrewsbury | 16:00-18:30 Swin | nming Lessons * ** PB | | 16:00-18:30 | Swimming Lessons * ** PB | | | | | 09:30-12:00 | Swimming Lessons * ** PB | |
| | SMALL GYM | | SMALL GYM | | | SMALL GYM | | | | SMALL GYM | SMALL GYM | | SMALL GYM | | | | |
| 17:00-18:00 | For Ages 10-15 yrs PB | Gym Team | 17:00-18:00 | For Ages 10-15 yrs PB | Gym Team | 17:00-18:00 For Ages 10-15 yrs PB | | Gym Team | 17:00-18:00 | For Ages 10-15 yrs PB | Ages 10-15 yrs PB Gym Team | | 17:00-18:00 For Ages 10-15 yrs PB C | | SWIMMING POOL - SUNDAY | | |
| SQUASH COURTS | | | SQUASH COURTS | | | SQUASH COURTS | | | SQUASH COURTS | | | SQUASH COURTS | | | 11:00-12:00 | Aqua Fun | Kids Team |
| 18:00-19:00 | Junior Squash Coaching PB | Finn | | | | | | | | | | | | | | | |
| FIELD | | | FIELD | | | FIELD | | | LIFALTIL & FITNESS FOR EVERYONE | | | | | | | | |
| | | | | | | | | | HEALTH & FITNESS FOR EVERYONE | | | | | | | | |
| TENNIS COURTS | | | TENNIS COURTS | | | TENNIS COURTS | | | Please ensure your child has had an induction in the Small Gym. Supervised gym session for 10-15 yrs. You must have a program to attend. | | | | | | | *** | |
| | I ENNIS COURTS | | | 16:00-17:00 Tennis 5-7 yrs ** PB Mike | | | | | | Supervised gym session for 10-15 yrs. You must have a program to attend. | | | | | | | |
| | | | 16:00-17:00 | U-17:00 Tennis 5-7 yrs 100 Mike | | 16:00-17:00 Tennis 5-7 yrs ** PB Mike | | | Please note some swimming lessons carry an additional cost, these are marked with $st.$ | | | | | | | II N T D V C | |

Mike

Mike

17:00-18:00 Tennis 8-11 yrs ** PB

18:00-19:00 Tennis 12-15 yrs ** PB

17:00-18:00 Tennis 8-11 yrs ** PB

18:00-19:00 Tennis 12-17 yrs ** PB

Mike



*Additional Cost ***Term Time Only ‡ Off-Premises PB Pre-bookable ∞ Seasonal please ask at desk